

RSHP Education Level 1

Title: How human life begins, pregnancy and birth

Part 1: How human life begins, pregnancy and birth



Lesson Activities and Resources

See below for suggested amendments and potential concerns with lesson activities and resources, and an explanation of the rationale for the changes. Activity numbers correspond to the numbers in the Activity section of the RSHP.Scot activity plans.

RSHP.Scot Resource Links: [Activity Plan](#), [PowerPoint](#)

Activity	Original Resource	Suggested Amendments/ Potential Concerns	Rationale for changes
All	Activity plan and PowerPoint	Ensure that parents/carers are aware of the content that will be shared in this lesson and check the level of detail they are comfortable with, particularly in regards to the optional slides 32/33 that explain how the egg and sperm meet. If children do ask questions about this, teachers could also encourage them to ask parents/carers, rather than making a decision to share information that parents/carers would not be comfortable with. Parents/carers should be made aware of the process for withdrawing their child from lessons if they are still not comfortable.	According to the UNCRC , parents/carers 'have the primary responsibility for the upbringing and development of the child' (Article 18), and state parties (including schools) have an obligation to 'respect the rights and duties of the parents and, when applicable, legal guardians, to provide direction to the child in the exercise of his or her right in a manner consistent with the evolving capacities of the child' (Article 14). They must also 'respect the right of parents to ensure such education and teaching in conformity with their own religious and philosophical convictions', according to Article 2 Protocol 1 of the European Convention on Human Rights . As such, it is essential that parents/carers are involved in making decisions about what will be communicated with children, and the manner in which this is carried out.
FAQs	Activity plan	In response to the question 'Can children have a baby?' consider saying something like, 'Young children can't have babies because their bodies need to grow up and go through a time of special changes called	To say that 'only grownups can have a baby' is incorrect, unless one considers children that are going/have gone through puberty to be grownups. It could be dangerous to leave children with the impression that it is not possible for

Planning Resource - This resource should be used in conjunction with the corresponding RSHP.Scot lesson. It is intended to help teachers adapt the lesson plans and materials for educational purposes.

		puberty. You will learn more about that later. Usually, it is grownups that have babies. This is to make sure they can take care of the baby and give it everything it needs to be happy and healthy.'	them to become pregnant.
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