

RSHP Education Level 1

Title: How human life begins, pregnancy and birth

Part 2: What babies need



Lesson Activities and Resources

See below for suggested amendments and potential concerns with lesson activities and resources, and an explanation of the rationale for the changes. Activity numbers correspond to the numbers in the Activity section of the RSHP.Scot activity plans.

RSHP.Scot Resource Links: [Activity Plan](#), PowerPoint

Activity	Original Resource	Suggested Amendments/ Potential Concerns	Rationale for changes
4	PPT Slide 3	You may wish to have a look at the following videos and select an alternative that you think would work for your pupils: • Benefits of Breastfeeding (2 of 2) from iheed • Benefits of breastfeeding from the CHILD Cohort Study from AllerGen NCE • The Benefits of Breastfeeding from WomensHealthgov • The Benefits of Breastfeeding from Dartmouth Health	The original videos focus more on advice to new mothers on latching on, which does not seem very relevant or engaging for children at this stage. The alternatives here focus more on the benefits of breastfeeding and are each about 2 minutes long.