

RSHP Education Level 2

Title: Love and Relationships

Part 1: What is love?



Lesson Activities and Resources

See below for suggested amendments and potential concerns with lesson activities and resources, and an explanation of the rationale for the changes. Activity numbers correspond to the numbers in the Activity section of the RSHP.Scot activity plans.

RSHP.Scot Resource Links: [Activity Plan](#), [PowerPoint](#)

Activity	Original Resource	Suggested Amendments/ Potential Concerns	Rationale for changes
1	PPT	After slide 2 'what is love', insert the slides that explain 5 of the 8 Greek words for love: eros, philia, agape, storge and philautia. After the introductory 'What is love' task, use the slides to explain the different words that Ancient Greeks used for love. You should point out that it is possible to have more than one kind of love in a relationship. For example, parents might have storge and agape for their children. Romantic partners might have eros and philia.	This helps to explain the idea that we can mean lots of different things when we say 'love' and offers a wider perspective on what 'love' means. The concept of 'agape' love is particularly significant in Christianity, as this is usually the word used to describe God's love. This is the word used in the famous 'Love is patient, love is kind...' bible passage. This also gives some external input, rather than solely basing the discussion of love on ideas from the class. If preferred, you could do this task after the group work in activity 2.
4	PPT Slide 10	Remove the statements 'Above everything else, genuinely love yourself first. Self-love is powerful and it's the best love that you will ever have.' Or use the alternative quote: "With self-compassion, we give ourselves the same kindness and care we'd give to a good friend." Dr. Kristin Neff (Psychology Professor)	While it is important to care for and value yourself, these statements are particularly strong. They conflict with Christian beliefs that loving God is the most important thing, and that God's love is the greatest love.