

RSHP Education Level 2

Title: Sex: How do people have sex/what do they do?



Lesson Activities and Resources

See below for suggested amendments and potential concerns with lesson activities and resources, and an explanation of the rationale for the changes. Activity numbers correspond to the numbers in the Activity section of the RSHP.Scot activity plans.

RSHP.Scot Resource Links: [Activity Plan](#), [PowerPoint](#)

Activity	Original Resource	Suggested Amendments/ Potential Concerns	Rationale for changes
2-3	PPT Slides 2-3	Swap nude images for either photos of statues or the drawings.	Some parents/carers and pupils may be uncomfortable with the use of nude photos. Using the statue photos still allows for the appropriate parts to be seen and labelled. The drawings have also been included and labelled, but they do not scale up particularly well.
6	PPT Slide 7	Changed text to 'In Scotland, the law says you must be 16 years or older to have sex.'	This is more precise.
	PPT Slide 15	Changed text to 'If a man puts his penis inside a woman's vagina, then his sperm may meet an egg and this is the way a woman can get pregnant and have a baby.'	The previous text implied that ejaculation is required to become pregnant – amended to prevent confusion.
	PPT Slides 8-15	Consider consulting with parents/carers and amending or removing slides to be less detailed if parents are concerned. It may help to explain that there is an emphasis on sex being for adults in loving relationships. It should also be clear that parents/carers may withdraw their children if they are still uncomfortable.	Some parents/carers may have concerns regarding the level of detail included (e.g. 'her vulva and vagina might feel tingly and wet or slippery to touch' or 'the man can put his penis inside a woman's vagina and gently move his penis in and out'.) They may feel that it is their responsibility to have such conversations with their children and to decide the level of detail that they are ready for. Others may feel concerned that children will want to try it themselves.

7	During the discussion on why people have sex, it would be helpful to add something along the following lines: 'Sometimes in movies or tv shows, it might seem like sex isn't a big deal, but sex has significant personal, cultural, or religious meaning and importance for a lot of people. Many world religions teach that sex should be saved for marriage because of how special it is, and because sexual intercourse has the potential to create new life. People who are not religious might also say that sex is really important because of the effect it has on people's emotions, bodies and relationships.'	This is an important part of ensuring that pupils from faith and belief backgrounds feel included and are able to see themselves represented in their learning. This does not mean having to explain religious beliefs in detail, or to promote religious beliefs. It may be enough in some cases to simply acknowledge that there are many different beliefs and viewpoints about sex and sexuality and recognise this is an important part of making informed choices.
---	---	---