

RSHP Education Level 2

Title: How adults plan and prevent a pregnancy: contraception and condoms



Lesson Activities and Resources

See below for suggested amendments and potential concerns with lesson activities and resources, and an explanation of the rationale for the changes. Activity numbers correspond to the numbers in the Activity section of the RSHP.Scot activity plans.

RSHP.Scot Resource Links: [Activity Plan](#), [PowerPoint](#)

Activity	Original Resource	Suggested Amendments/ Potential Concerns	Rationale for changes
All	Activity plan and PowerPoint	Ensure that parents/carers are aware of the content that will be shared in this lesson and given the opportunity to ask questions. If children ask questions that require much more detailed responses, teachers could also encourage them to ask parents/carers, rather than making a decision to share information that parents/carers may not be comfortable with. Parents/carers should be made aware of the process for withdrawing their child from lessons if they are still not comfortable.	According to the <u>UNCRC</u> , parents/carers ‘have the primary responsibility for the upbringing and development of the child’ (Article 18), and state parties (including schools) have an obligation to ‘respect the rights and duties of the parents and, when applicable, legal guardians, to provide direction to the child in the exercise of his or her right in a manner consistent with the evolving capacities of the child’ (Article 14). They must also ‘respect the right of parents to ensure such education and teaching in conformity with their own religious and philosophical convictions’, according to Article 2 Protocol 1 of the <u>European Convention on Human Rights</u> . As such, it is essential that parents/carers are involved in making decisions about what will be communicated with children, and the manner in which this is carried out.
2	Activity plan	The plan suggests saying ‘that there is something that adults can do to make sure they don’t make a baby’, but this could be changed to ‘something that adults can do to try to prevent making a baby’ or even ‘to try to make sure...’.	The original language implies that use of contraception is entirely effective. The change is subtle, but it is important that pupils have accurate information to make decisions when they are older.

3	Slide 2	After explaining that the next few slides are going to help them learn more about condoms and contraception, add something along the following lines: 'Today we aren't focusing on beliefs or values around contraception, but you should be aware that these can have an impact on people's choices. For example, the Catholic Church teaches that making babies is one of the main purposes of sex, so using contraception to prevent having babies is wrong. There are lots of things that people need to consider when making choices about sex.'	The aim of this lesson should be to provide young people with objective information about contraception that they may need in the future. It should be recognised that truly informed decision-making involves consideration of beliefs and values. While it may not be possible to discuss these things in detail with pupils, to be inclusive, pupils should at least be made aware that such considerations are important for some people.
4	Slide 3	Slide text changed from 'When a man and woman have sex, the man ejaculates sperm into the woman's vagina' to 'When a man and woman have sex, the man releases sperm into the woman's vagina'.	Amended to prevent misinformation as ejaculation is not required for sperm to enter the vagina.
	Slide 5	Revised slide includes an alternative illustration of a condom.	Some parents/carers and pupils may be uncomfortable with the erection illustration at this age/stage.
	Slides 5-7	Reworded text to state that use of condoms/female condoms helps to stop the sperm from meeting the egg or helps to prevent STIs.	Again to avoid implication that contraception is 100% effective.

Connecting with Home

The below is an amended version of the text that could be used to communicate with home about the activities in this lesson.

The children are continuing their learning about relationships, sexual health and parenthood. We have already learned about how human life begins, thinking about conception, pregnancy and birth. We have also learned about what sex is. Children at this age also have questions about contraception and condoms and so we will be sharing some information with the children about what these things are. We also recognise that people's beliefs and values may affect their choices about contraception and would encourage you to discuss this in more detail at home, if this is important for your family.