

Second Level Lessons and Resources		
	Lesson Name and Suggested Order	List of Amended Resources
1	My body: Part 1: Names of parts of my body	• Activity Plan • PowerPoint
2	My body: Part 2: My body is changing	• Activity Plan • PowerPoint
3	My body: Part 3: Feelings and puberty	• Activity Plan
4	My body: Part 4: Personal hygiene	None
5	Friends and friendship: Part 1: What is a friend?	None
6	Friends and friendship: Part 2: Making and keeping friends	None
7	Friends and friendship: Part 3: Online-Offline Friends	None
8	A fair and equal life for girls and boys: Part 1: Stereotypes and Equality	None
9	A fair and equal life for girls and boys: Part 2: Being Fair	None
10	A fair and equal life for girls and boys: Part 3: Transgender	None
11	My senses	None
12	Consent: Part 1: What is consent?	None
13	Consent: Part 2: My body is mine	None
14	Social media and popular culture: Part 1: Where do we go online?	None
15	Social media and popular culture: Part 2: Being smart online	None
16	Protecting me/Abuse and relationships: Part 1: When I feel safe/Feel unsafe	None
17	Protecting me/Abuse and relationships: Part 2: My 5 trusted individuals	None
18	Protecting me/Abuse and relationships: Part 3: Bullying	None
19	Protecting me/Abuse and relationships: Part 4: Physical Abuse and Neglect	None
20	Protecting me/Abuse and relationships: Part 5: Sexual Abuse	None
Progression 1		
21	Emotional wellbeing and body image: Part 1: My Feelings	None
22	Emotional wellbeing and body image: Part 2: My Body	None
23	Emotional wellbeing and body image: Part 3: When I feel sad or worried	None
24	Love and relationships: Part 1: What is love?	• Activity Plan • PowerPoint
25	Love and relationships: Part 2: Being attracted to someone	• Activity Plan • PowerPoint
26	Sex: How do people have sex/what do they do?	• Activity Plan • PowerPoint

27	How human life begins – pregnancy – birth	• Activity Plan • PowerPoint
28	Being a parent/carer: Part 1: What does a parent/carer need to know and do?	None
29	Being a parent/carer: Part 2: If I were a parent or carer	None
Progression 2		
30	Menstruation	None
31	How adults plan and prevent a pregnancy – Contraception and condoms	• Activity Plan • PowerPoint